



SENIOR SPARKS

VOLUME 38 ISSUE 11 MANSFIELD SENIOR CENTER ASSOCIATION, INC. NOVEMBER 2012
303 Maple Road, Storrs/Mansfield CT 06268 (860) 429-0262, ext. 5

* President: Rita Braswell * Vice President: Jean Ann Kenny * Secretary: Beverly Gotch * Finance Officer: Don Stitts * Treasurer: Wilfred Bigl
* Asst. Treasurer & Sparks Manager: Kathy Rule * Travel: Judy Bigl * Ways & Means Co-Chairs: Alma Maldonado-Corder &
Toni Drescher * Program Planning: Estelle Elliott * Member-at-Large: Sam Gordon * Computer Co-Chairs: Mike Palmer & Don Stitts

Please note the Mansfield Senior Center will be closed on Nov. 12, 22, & 23.

Thanksgiving Celebration Day at the Mansfield Senior Center

Wednesday, November 14, 2012—Noon

Menu:

*Roasted Turkey with Gravy & Stuffing
Mashed Potatoes, Green Beans
Orange Juice, & Pumpkin Pie with Topping*

Entertainment: *Carolyn Sterns—Storyteller Extraordinaire*

\$10.00 per person payable with reservation by Nov. 9th, 11:00 AM

“Celebrating the Living and Remembering the Fallen”

~ Veterans’ Day
Recognition Luncheon ~
at the
Mansfield Community Center

**Friday, November 9th, 2012
10:30 AM to 1:00 PM**

All are welcome to attend this
free celebration. Please call the
Mansfield Senior Center at
860-429-0262x0 to sign up.

Holiday Bazaar Reminder

Save room on your calendar for
Saturday, December 8, 2012,
for the Mansfield Senior Center’s

ANNUAL HOLIDAY BAZAAR

We are still accepting donations
and baked goods, and would
appreciate both.

Watch for our full page ad in
December’s issue of *Senior Sparks*
for full details.

A Note from the President ...

Yesterday I returned from the regular monthly meeting of the Commission on Aging, whose role it is to advise the Town Manager, and others, about the needs of Mansfield seniors. Many of the matters touched on concern for the Association's members, as well. It was an exciting and invigorating meeting which has inspired me to sit down and list as many of the ideas I can remember. I'm going to bring this list before our Association's Executive Board to see how we can best partner and work with the Commission to achieve some of these items.

Which matters are of the most concern to you? Why not check them off, or jot down some notes on this sheet, tear it off, and hand in to one of our receptionists. I promise, WE'LL listen!

- ✱ Support requests for a FULL time Clinical Social Worker at the Wellness Center. Might this position be shared with Youth Services or the Board of Education?
- ✱ Form a committee to start gathering data and information about what we need in a new Senior Center.
- ✱ Investigate and formulate senior's transportation needs.
- ✱ Examine Senior Center budget over last several years. How has it fared as regards inflation and staffing needs?
- ✱ Need for more information sharing between agencies with Senior Services. Could *Sparks* serve that need?
- ✱ Regular attendance at Town Council meetings when relevant issues are being discussed.
- ✱ People prepared to speak up at Council meetings and keep them informed about senior issues.
- ✱ Return Commission on Aging meetings to the Senior Center. Surprise! They say they're dying to come back!

Something to think about. Please let your Board members hear from you.

Thank you,

Rita Braswell, President
Mansfield Senior Center Association, Inc.



Mansfield Senior Center

860-429-0262, ext. 0

Fax: (860) 429-3208

Wellness Fax: (860) 429-3905

E-mail: SeniorCenter@mansfieldct.org
www.mansfieldct.org

Hours: Monday to Friday
8:30 AM to 4:30 PM

Senior Center Coordinator:
Cindy Dainton, 860-429-0262, ext. 9
daintonch@mansfieldct.org

Senior Services Social Worker:
ext. 1

Volunteer Transportation Manager:

Gianna Stebbins, ext. 2

Administrative Assistant:

Linda C. Wohllebe, ext. 3

Receptionist:

Kathy Yaffee, ext. 4

The Municipal Agent for the Elderly, & Director, Dept. of Human Services: Kevin Grunwald, MSW, (860) 429-3315.

Transportation: Dial-a-Ride Transportation & Medical Transport outside the Dial-a-Ride Region: (860) 456-1462, **48 hours** in advance.

Where's Waldo?!

Find the hidden item somewhere in this issue, and send in the answer on the entry form to: Mansfield Senior Center/MSCA, 303 Maple Road, Storrs CT 06268, by Nov. 10th, or drop in the box at the Front Desk, in order to qualify for the drawing. We will draw one name from all of the correct entries, and that person will win a free lunch on the Association here at the Center. The Nov. winner will be announced in the Dec. issue of *Sparks*. Please, only one entry per person. Good luck!

Sept.'s Winner: Colby Melanec

Congratulations!

"Hidden Item" Entry Form

Name: _____

Phone #: _____

Correct Page & Answer #: _____

**Hidden Item: the words
"cranberry sauce"**

MISCELLANY**Thank You**

Many thanks to John Adamcik, June Curtis, Sam Gordon, Beryl Griffin, Alice Jansen, Sue Kwas-tel, and Karen Peters for collating the October issue of *Sparks*.
Thanks so very much!

**Welcome to the
newest members
of the
Mansfield Senior Center
Association:**

*Donald & Marsha Jandrewski
Joan & David Doiron
Linda Savage
Sue Harkness
Stephanie & Nelson Orringer
William Liberator
Paul & Rose Morton
Joanne Sibicky
Susan Rohde*

**IN MEMORY OF**

ANITA FRANKEL

Sparks Submissions

Please submit your articles for the December newsletter by Nov. 10th.

Please note that the Dental Program has been cancelled due to lack of interest.

Thank you.

TRAVEL DESK**The Travel Desk****Thank You All for a
Very Good Travel Year!**

Judy, Carol, and Emily at the Travel Desk would like to thank all of our dedicated travelers for a very successful and fun 2012! We look forward to seeing you all in the New Year! Our last rip for 2012 is on Tuesday, November 13th, "Vegas Comes to Connecticut" at the Aqua Turf Restaurant. We'll have a great time. "That's right, baby, I said a great time!"

The Travel Desk will be closed from November 16th through the end of February 2013. The new trips will then be posted and flyers available for the February *Sparks* 2013 issue. We are investigating some overnight trips. Watch for "Travel Kick-Off" in late Jan. or early Feb. 2013.

Have a great holiday season, and we will see you all in the New Year!

Judy, Carol, & Emily

BLUEBERRY STUDY

Blueberries must be ordered by
Tuesday, Nov. 6th, 12:00 PM

NO EXCEPTIONS!

Blueberry pick-up is
Friday, Nov. 16th, 11:00 AM

*Blueberries are available to
study participants only;
however, you may become a new
participant in the study by
contacting Howard Raphaelson.*

GENERAL INFORMATION**Holiday Mitten Tree**

The Mansfield Senior Center will once again have a holiday mitten tree that will be decorated with small items of clothing such as mittens, scarves, caps, booties, and socks. These items are given to those in need. Donations of purchased and handmade items are most welcome.

Thank you.

**SAVE THE DATE:**

**ANNUAL HOLIDAY
DINNER at the
MANSFIELD SENIOR
CENTER**

WEDNESDAY, DEC. 19TH

**with ENTERTAINMENT
BY OUR MSC CHORUS
& SPARKETTES**

Genealogy Group

The Genealogy Group with Helen Collins meets on Tuesday, Nov. 13, at 10:00 AM. Everyone is welcome to this informal group, no matter what your level of genealogy is. Join us!

Senior Hobby Display Case

Share your talent!

***Homemade Wine Display
Courtesy of Christy Raffa***

Please call Cindy if you have items you would like to display.

PUBLIC TRANSPORT

Do you still drive? I don't. Instead, I am fortunate to have five to seven children and grandchildren who drive willingly when asked. All of them have demanding jobs or full time school programs; however, so I ask them as seldom as possible. I have a best friend who still drives, who is my first responder, and we go many places together—even more good fortune! Living in Glen Ridge means there is a WRTD bus stop very near and I use it two or three times a month, even though the schedule doesn't work well for me.

I have not needed Dial-a-Ride so far, nor the Mansfield Senior Center's individual driver program, of which I hear much praise.

For public transportation, Mansfield has only the WRTD. It's free for crones and other seniors. That's good and I do appreciate it. It consumes a lot of time, which I still treasure.

I get where I need to go. I never liked driving. I'm very glad to be done with the terrible responsibility. I do miss the lovely freedom, the "fishing expeditions" to Ocean State, the Dollar Store, and Salvation Army. Nevertheless, I'm content with my resources.

There are resources, but they require a lot of extra time. There is no 20-minute shuttle to hop on and off as the spirit moves. And that's what's wanted! When we have it, there'll be fewer cars on our roads; driving is a drag!

Please, phone—or much better—email to tell me whatever you think about Mansfield's transport needs, whether for all or especially for us seniors.

Ida G. Millman
ida.millman@gmail.org
860.429.4735 (afternoons only, please)



ENERGY ASSISTANCE APPLICATIONS NOW BEING ACCEPTED

Program applications are now being accepted for the CT Energy Assistance Program by the Access Agency at 1315 Main St., Willimantic. This program provides funding assistance to households for all primary heat sources including oil, natural gas, cranberry sauce, kerosene, propane, wood, electricity, and coal. Eligibility and the level of funding provided is based on income, the number of persons living in the household, and the liquid assets of the applicant. Persons who are interested in applying should contact the Access Agency at 860-450-7423 to schedule an appointment. Hours are from 8:00 AM to 4:00 PM, Mon. to Fri.

MEAL PROGRAM

(PLEASE NOTE CHANGES)

The TVCCA meal program is subsidized through the Older Americans Act and available to seniors 60 years or older at a suggested donation of **\$3.00**. **Individuals younger than 60 are welcome to eat, but are asked to pay the actual cost of the meal, which is now \$9.78.** Reservations must be made 24 hours in advance by 10:00 AM. Guests and new members will need to complete a registration form at the time of their reservation. Homebound seniors may call 1-800-953-1365 to receive Meals-on-Wheels.

Menu:

Thurs., Nov. 1: Stuffed Shells w/Sauce
Fri., Nov. 2: Chicken Florentine

Mon., Nov. 5: Penne Pasta & Meatballs
Tues., Nov. 6: Roasted Cod w/Garlic
Wed., Nov. 7: Hearty Pork Stew
Thurs., Nov. 8: Chicken Alfredo
Fri., Nov. 9: **Meal not served at Senior Center.** Free Veterans' Day meal open to all at Community Center from 10:30 AM to 1:00 PM. Please sign up at the Senior Center.

Mon. Nov. 12: **Closed for Veterans' Day**
Tues., Nov. 13: Eggplant Rolette w/Pasta
Wed., Nov. 14: **Thanksgiving Meal w/ Entertainment (\$10.00 payable w/sign up)**
Thurs., Nov. 15: Crispy Cod Nuggets
Fri., Nov. 16: Chicken Marsala

Mon., Nov. 19: Pot Roast w/Gravy
Tues., Nov. 20: Chicken Cacciatore
Wed., Nov. 21: Cheese Manicotti
Thurs., Nov. 22 & 23: **Closed for the Thanksgiving Holiday**

Mon., Nov. 26: Chicken Stew
Tues., Nov. 27: Pulled Pork w/Bun
Wed., Nov. 28: Swedish Meatballs
Thurs., Nov. 29: Stuffed Chicken
w/Broccoli & Rice
Fri., Nov. 30: Sloppy Joes w/Bun

NEW 24 Hour Reservation System.
Menu is subject to change without notice.

WELLNESS PROGRAMS & SUPPORT GROUPS

Please call Kathy Yaffee at 860-429-0262, ext. 4, Monday through Thursday, 10:00 AM to 2:00 PM, to schedule appointments with the providers listed below, unless otherwise noted.

ADULT HEALTH SCREENINGS by VNA East Nurse Mary Hess. Nominal charges for blood pressure, cholesterol, HDL cholesterol, blood glucose, earwax, and foot care. Checks payable to VNA East. Nov. 8 & 14th.

ALZHEIMER'S SUPPORT GROUP with Jane Downing from Home Instead Home Care at the Mansfield Wellness Center every second Wednesday of the month from 1:00 to 2:30 PM. This free informative group is open to families, caregivers, and patients alike. The group is scheduled to meet on Wednesday, Nov. 14th.

CAREGIVERS SUPPORT GROUP with Kevin Grunwald Thursday, November 15th, 6:30 PM.

FREE BLOOD PRESSURE SCREENINGS on the first & third Wednesday of each month at 11:00 AM, offered by Interim Health Care. No appointments necessary. Nov. 7 & 21st.

ELDERCARE LAW with Attorney Gates from CT Legal Services provided free to people 60 years or older, usually the fourth Monday of each month, 1:00-3:00 PM, Nov. 26th.

FOOTCARE with Dr. Walter, Podiatrist, Tuesday, Nov. 20th, beginning at 9:00 AM. Medicare will be billed if you are eligible. Dr. Walter carries Dr. Comfort shoes, including M/C Diabetic shoes. Call Kathy for your appointment.

LOW VISION GROUP with Kevin Grunwald on Monday, November 19th at 11:00 AM.

MASSAGE THERAPY with Faith Manning 11:00 AM to 3:00 PM, the first and third Wednesday of each month, payable to Faith. Please make your appointment with Kathy Yaffee. Nov. 7 & 21st.

MINI-SPA from 9:00 AM to noon. Call Kathy for your appointment. Haircuts by Michelle, and nails by Hope. Nov. 5th.

M.S. SUPPORT GROUP normally meets the second Tuesday of each month in the Craft Room from 6:30 to 8:00 PM. The group will meet Nov. 13. Please contact Susan Gavitt at 860-423-7413 for further information.

OTHER HAPPENINGS

Conversation with Betty

Usually the first Thursday of the month from 11:00 AM to Noon, at the Mansfield Wellness Center

Thursday, November 15th:
"Dealing with the Holidays"

Thursday, December 6th:
"The 1970's—Looking Back"

Thursday, January 3, 2013:
"Is Gender Equality Attainable?"

Everyone welcome for this friendly, lively discussion. Please call Betty at 860-429-6324 if you have any questions.

A.A.R.P. Fall Driver Safety Course

*taught by Lynne White, District Coordinator
at the Mansfield Senior Center*

**Tuesday, November 13, 2012
9:00 AM to 1:00 PM**

\$12.00 A.A.R.P. Members (*please bring your card*)
\$14.00 Non-members

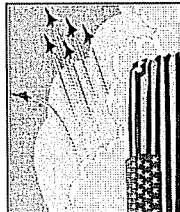
Payable to the class instructor at the time of the course; however, please call the Mansfield Senior Center at 860-429-0262, ext.0, to sign up. Class is limited to 25, so please sign up early.



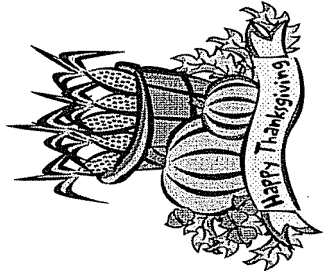
POLICE ACADEMY FOR SENIORS



The Mansfield Police, in conjunction with the TRIAD committee, would like to hold a police academy for seniors in Mansfield. You would learn some of the same skills that the police officers learn in Basic Training.

If you would be interested in being a part of the Police Academy, please leave your name and telephone number with the receptionist at the front desk. We will be trying to put a class together for after the first of the year.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT. & SUN.
<p>November 2012</p>	<p>1. 8:30-Strength/Stability 9:00-Yoga w/Sharon 10:00-Sparkettes 10:00-Wii Bowl 10:00-Bridge w/Chinky 11:30-Foodshare 12:00-Lunch 12:30-Lovely Old Bones 1:00-Bridge / Jewelry 1:30-Ther. Exercise 2:30-Wii Bowl 3:15-Senior Aerobics</p>	<p>2. 9:00-T'ai Chi 10:00-Scrabble 10:00-Knitting & Crocheting 10:00-Photo Club 10:15-Zumba Gold 12:00-Lunch 1:00-Art Studio 2:00-Brain Aerobics</p>	<p>3. Saturday Set clock back one hour before bedtime ~~~~~ 4. Sunday Daylight Savings Time Ends</p>	<p>9. 9:00-T'ai Chi 10:00-Scrabble 10:00-Knitting & Crocheting 10:15-Zumba Gold 10:30-Veterans' Day Lunch & Celebration at MCC 1:00-Art Studio 1:00-PC Housecleaning 2:00-Brain Aerobics</p>	<p>10. Saturday ~~~~~ 11. Sunday Veterans' Day</p>
<p>5. 9:00-Mini-Spa 9:00 & 10:00-T'ai Chi 10:00-Sparkettes 10:00-Art Studio 10:00-Computer Help 12:00-Lunch 1:00-Mahjongg 1:00-Beg.'s Tap 1:00-Chorus 3:15-Senior Aerobics</p>	<p>6. 8:30-Strength/Stability 9:00-Excel 10:00-Ways & Means 10:00-Scrabble / Wii Bowl 10:30-Watercolors w/Bill 12:00-Lunch 12:30-Lovely Old Bones 1:00-Bingo 1:30-Therapeutic Exer. 2:30-Computer Comm. Election Day</p>	<p>7. 9:15-T'ai Chi 10:00-Writing Group 10:00-E-Readers Program (by Mansfield Library) 10:15-T'ai Chi 11:00-Massage 11:00-Blood Pressure 12:00-Causeries en Français 12:00-Birthday Lunch 12:45-Birthday Movie 6:30-9:00-Eve. Quilt. w/Pat</p>	<p>8. 8:30-Strength/Stability 8:30-VNA East 9:00-Yoga w/Sharon 9:00-Excel 10:00-Sparkettes 10:00-Wii Bowl 10:00-Quilting w/Pat 10:00-Bridge w/Chinky 12:00-Lunch 12:30-Lovely Old Bones 1:00-Bridge / Jewelry 1:30-Ther. Exer. 2:30-Wii Bowl 3:15-Senior Aerobics</p>	<p>15. 8:30-Strength/Stability 9:00-Yoga w/Sharon 9:00-Excel 10:00-Sparkettes 10:00-Wii Bowl 10:00-Quilting w/Pat 10:00-Bridge w/Chinky 11:00-Conversation w/Betty 11:30-Foodshare 12:00-Lunch 12:30-Lovely Old Bones 1:00-Bridge / Jewelry 1:30-Ther. Exercise 2:30-Wii Bowl 3:15-Senior Aerobics 6:30-Caregiver's Support Group</p>	<p>16. 9:00-T'ai Chi 10:00-Scrabble 10:00-Knitting & Crocheting 10:00-Photo Club 10:15-Zumba Gold 11:00-Blueberry Pickup 12:00-Lunch 1:00-Art Studio 1:00-Duplicate Bridge 2:00-Brain Aerobics</p>
<p>12. Center Closed in Observance of Veterans' Day</p> 	<p>13. 8:30-Strength/Stability 9:00-AARP Safe Driving 9:00-Excel 10:00-Travel Trip Leaves 10:00-Scrabble 10:00-Wii Bowl 10:00-Generology 10:30-Watercolors w/Bill 12:00-Lunch 12:30-Lovely Old Bones 1:00-Bingo 1:30-Therapeutic Exer. 6:30-M.S. Support Group</p>	<p>14. 8:30-VNA East 9:15 & 10:15-T'ai Chi 10:00-Writing Group 10:15-Executive Board 12:00-Causeries en Français 12:00-Thanksgiving Meal 12:45-Carolyn Storrs - Storyteller Extraordinaire 1:00-Alzheimer's Support 2:00-Non-Fict. Book Club 6:30-9:00-TNT Quilters</p>	<p>17. Saturday ~~~~~ 18. Sunday</p>		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT. & SUN.
19. 9:00 & 10:00-T'ai Chi 10:00-Sparkettes 10:00-Art Studio 10:00-Computer Help 11:00-Low Vision Grp. 12:00-Lunch 1:00-Mahjongg 1:00-Beg.'s Tap 1:00-Chorus 1:00-Program Planning 3:15-Senior Aerobics	20. 8:30-Strength/Stability 8:30-Dr. Walters 10:00-Scrabble 10:00-Wii Bowl 10:30-Watercolors w/Bill 12:00-Lunch 12:30-Lovely Old Bones 1:00-Bingo 1:30-Therapeutic Ex.	21. 9:15 & 10:15-T'ai Chi <i>(classes cancelled)</i> 10:00-Writing Group 11:00-Blood Pressure 11:00-Massage 12:00-Caseries en Français 12:00-Lunch 1:30-Tea & Cookies & Special Activities 2:00-Red Hatters	22. Thanksgiving Day  Center Closed	23. Center Closed in Observance of the Thanksgiving Holiday 	24. Saturday ~ ~ ~ ~ ~ 25. Sunday
26. 9:00 & 10:00-T'ai Chi 10:00-Sparkettes 10:00-Art Studio 10:00-Computer Help 12:00-Lunch 1:00-Mahjongg 1:00-Beg.'s Tap 1:00-Chorus 1:00-Atty. Gates 3:15-Senior Aerobics	27. 8:30-Strength/Stability 10:00-Scrabble 10:00-Wii Bowl 10:30-Watercolors w/Bill 12:00-Lunch 12:30-Lovely Old Bones 1:00-Bingo 1:30-Therapeutic Ex.	28. 9:00-Adv. Internet 9:15 & 10:15-T'ai Chi 10:00-Writing Group 12:00-Caseries en Français 12:00-Lunch 12:30-Nutrition Discussion 2:00-Non-Fiction Book Club 6:30-9:00-Altrusa 6:30-9:00-TNT Quilters	29. 8:30-Strength/Stability 9:00-Yoga w/Sharon 10:00-Sparkettes 10:00-Wii Bowl 10:00-Quilting w/Pat 10:00-Bridge w/Chinky 11:30-Foodshare 12:00-Lunch 12:30-Lovely Old Bones 1:00-Bridge / Jewelry 1:30-Therapeutic Exer. 2:30-Wii Bowl 3:15-Senior Aerobics	30. 9:00-T'ai Chi 10:00-Scrabble 10:00-Knitting/ Crocheting 10:15-Zumba Gold 12:00-Lunch 1:00-Art Studio 100-Duplicate Bridge 2:00-Brain Aerobics	

NOVEMBER BIRTHDAYS

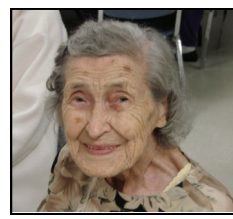
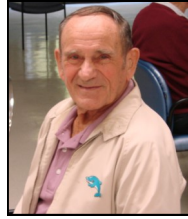
Flower: *Topaz for Fidelity*

Birthstone: *Chrysanthemum for Loveliness*

- 1 Robert Homans, Elizabeth Lang
Judy Lester, Robert Lester
- 2 Helen Kinsman
- 3 Donald DeBella
- 5 Joan Cole, Karin Rickards
- 6 Herbert Perkins, Catherine Strauch
- 7 Richard Hobby, Helen Kramer
Mary Elizabeth Long, Robert Marrotte
Katherine Richards
- 8 Ms. Roy Campbell
- 9 Carolyn Alfand, Claire Soltesz
- 10 Lillian Freudmann, Donald Hoyle
- 11 James Leta, David Limberger, Hazel Rubins
- 12 Linda Lee Hill, Edward Wong
- 13 Stanley Bevin, Alyce Douda
Elizabeth Lacouture, Nell Mulkern
Bobbie Palmer, Edith Taylor
- 14 Priscilla Bakke, Eleanor Costello
Roger Miner, Ruth Rautio, Joyce Roscoe
- 15 Sherman Clebnik, Judith Marcus
Marilyn Smith
- 16 Helen Armstrong, Uenda Hicking
Edwin Hodgkins, Benedict Maciuika
Eleanor Peters, Eleanor Prignano
- 17 Roger Crossgrove, Virginia Todd
Evelyn Vegiard, Richard Warren
- 18 Carol Ames, Lillian Lawrence
Georgette Mailhiot, Anita Satriano
- 19 Shirley Malinowski
- 20 Barry Juhasz, Gina Mastrangelo, Nora Stevens
- 21 Walter Carr, Linda Lee Doubleday
Alice Jansen, Annie Raynor, Kenneth Tremblay
- 23 Linda Miles, Peter Rich
- 24 Beverly Elwood, Virginia Field, Tom Gorin
Virginia Hall, Ravi Jain, Kendall Rhee
- 25 Brenda Chase, Tina Fu, Carole Hall
Elaine Russo, Donald Wetherell
- 26 Evelyn Drouin, Karna Secker, Ann Smith
- 27 Christy Raffa
- 28 Yuan-Gen Yin
- 29 George Campbell, Richard Long
- 30 Bill Coughlin, George Danks, Millie Kramer

Nutrition Education

Wednesday, November 28th, 12:30 PM
at the Mansfield Senior Center
All welcome.



Happy Birthday to our October Attendees:

*Ernest Brisson, Ulla Hussey, Robert McLintock,
Marjorie Nelson, & Jack Rice*

Cards

Duplicate Bridge: Friday, September 21st

NS

- | | |
|---------------------------------|------|
| 1. Jerry Shaffer & Omar Shepard | 49.5 |
| 2. George Waller & Lavidia Mead | 42.5 |
| 3. Jeanne Haas & Aline Booth | 37.5 |

EW

- | | |
|------------------------------------|------|
| 1. Doris LeDoyt & Anna McLain | 49.5 |
| 2. Mike Stephen & Barb Hood | 45.5 |
| 3. Helen Gauthier & Nappy Gauthier | 44.5 |

Holiday Tea & Cookies

Wednesday, Nov. 21st, 1:00 P M

at the
Mansfield Senior Center

If you are going to be alone for the holidays,
come spend some time with us and
enjoy a nice hot cup of tea, some
delicious goodies, and companionship!

MSCA Computer Learning Center

*The following classes are \$10.00, payable with registration at the Mansfield Senior Center. If you have any questions, please call the Computer Lab at 860-429-0262, ext. 7, and leave your name and number. **NOTE: A full detailed listing of ALL classes and seminars are available at the Mansfield Senior Center.***

Excel 2007: Instructor: Mike Beschler. Dates: Nov. 6, 8, 13, 15. Time: 9:00 AM to 12:00 PM.

Advanced Internet: Instructor: George Jones. Dates: Nov. 28, Dec. 5, 12. Time: 9:00 to 11:00 AM.

FREE FALL SEMINAR
TAUGHT BY DAN GEBBEN

PC Housecleaning: Friday, Nov. 9, 1:00-3:00 PM

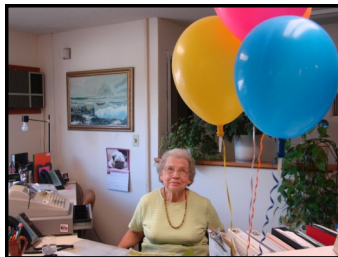
YEAR-ROUND COMPUTER
ASSISTANCE

- Free help for PC users with Dan Gebben every Monday from 10:00-11:00AM in the Computer Lab
- Free "Photo Club" with Dan Gebben every first and third Friday of the month in the Computer Lab from 10:00AM to noon. This is an ongoing club, and all are welcome to attend.
- Free help for Mac users. Call Frank Trainor or Mike Palmer at 860-429-0262, ext. 7, to make an appointment. Please leave your name and phone number.



We will doing a class on how to access library books on seniors' e-readers. The program will be on Wednesday, November 7th at 10:00 AM in the Computer Room. This will not be part of the Computer Council offerings, but rather a program of the Senior Center. The program will be offered free of charge, and Peggy McCarthy from the Mansfield Library will be teaching the course. No sign up is necessary.

Senior Center Celebration Week—Fun had by All!



*Week of September 10 to 15th.
Thanks to all who came
& participated!*

Speak Up! Speak Out!

(This article was brought in to share by Jim Campetelle. No further information is available on when or where this article came from.)

DEAR ABBY: I read with interest the letter regarding Ralph George and his Veterans' Speaking Program. I hope Vet's all over the country are doing this. I have—on my own—spoken to classes at both elementary and college levels.

I served in an area referred to as "the forgotten theater." The China-Burma-India theater is not even mentioned in many history books. When there is a program on World War II, it is usually devoted to Europe or the Pacific. The CBI (as we call it) was a hostile, unforgiving area, with high mountains, dense jungle, rampant disease (more men fell to disease than to enemy actions), foul weather, and rain for half the year (200 to 300 inches). Furthermore, many of the mountain tribes were headhunters.

Many Americans are not aware that we were fighting in China and Burma almost a year before Pearl Harbor and for six months after Japan surrendered. The U.S. government is not even sure how many Americans served in CGI—figures range from 200,000 to 750,000. However, most settle for 250,000 personnel. A friend who served in Europe told me that CBI was used as a threat: "You foul up one time and you'll find yourself in the CBI!"

It's important for Americans to know we were there. Find a CBI Veteran in your area and have him speak to your group. A friend of mine doesn't discuss it because he fears that no one would believe him.

Bob Fagelson, National Historian, CBI Veterans' Association

Do you have any comments, articles, a favorite poem, etc., you would like to see in the *Sparks*? Please see Kathy Rule, or leave a message at 860-429-0262, ext. 5. She will return your call as soon as she can. Thank you.

*** SENIOR SERVICES ***

Kathy Ann Easley, Adult Services Social Worker, will be available at the Mansfield Senior Center on Tuesdays from 10:00 AM to 2:00 PM, to handle any questions or concerns you may have until a Senior Services Social Worker has been hired.

You may also call for her at the
Mansfield Human Services Department at 860-429-3315.

There will also be assistance from 3:00 to 4:00 PM on Tuesdays.

Volunteer Opportunities with AARP Foundation Tax-Aide

Volunteer for the nation's largest FREE tax preparation and assistance service. There are many kinds of volunteer opportunities—from Tax-Aide Counselors to Greeters, as well as Communications and Technology Coordinators. One may be right for you!

Like working with numbers? Tax-Aide Volunteer Counselors interact with clients by preparing tax returns on a one-to-one basis. Even if you don't have accounting or tax preparation experience, becoming a Counselor may be right for you. Tax-Aide provides training in tax law procedures, the preparation of tax forms, and the use of tax preparation software.

Have a knack for computers and technology? Technology Coordinators manage computer equipment, work to ensure taxpayer data security, and provide technical assistance to volunteers at multiple sites on technology issues.

Good at managing people and programs? Leadership positions manage volunteers, synchronize plans with other volunteer leaders, and assure smooth operation.

For additional information, please visit <http://www.aarp.org/taxaide>. AARP Foundation Tax-Aide is a program of the AARP Foundation, offered in conjunction with the IRS.



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SNOW CLOSING

When Mansfield schools are closed or have a delayed opening, the Mansfield Senior and Wellness Center will also be closed or delayed accordingly (a 90-minute delay means we will open at 10:00 AM). Listen for Mansfield school information, not necessarily specific Senior Center information, on WTIC (1080 AM) and WILI (1400 AM), or watch the news on Channel 3 for announcements. The phone voice message (860) 429-0262, will also inform you of delays/closures.

We urge you to always put your own safety first, use caution, and not come to the Center until after 9:00 AM on bad weather days; and if the parking lot has not yet been cleared of snow or sanded for ice, please park elsewhere until Public Works has the opportunity to get here.

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